

SPORTS RELATED MODEL INTAKE QUESTIONS

**This sheet is for:**

This is a model of intake questions to help advocates better understand if they are supporting an athlete survivor or someone for whom sports is a big part of their life and sense of self.

How advocates can use this:

Advocates can incorporate these questions into their intake training and intake protocols and questions.

Are you a part of a sports team or sport community, or do you participate in sports? If so, which one? Please describe.

This information can be valuable to help see how sport might or might not connect to the harm. It will be critical in safety planning and thinking about relevant resources and referrals.

Do you have any concerns about safety and harm related to athletics/sports? Does anyone make you feel unsafe or uncomfortable while you are practicing/competing in your sport?

This information is important for understanding and identifying any harms within the sports world. Because many of these sports communities are small, isolated and interconnected, it is important to know of any harms or possible challenges in the person's sport participation.

Are sports and/or athletics part of your self-care? Please describe?

This information is important for advocates to know when thinking about safety planning and self-care. For many athletes sport is a site of selfcare, but this needs to be balanced with challenges and harms that might exist in the sport community.

It can also be helpful to track how many of the individuals you serve are athletes and how many have experienced abuse connected to their sport, including abuse by trainers, other adults they encounter through sport, or during sports-related travel.

This information can help advocates gain a better understanding of how sports systems may be sites of harm and abuse. It can also help advocates and organizations understand the trends around abuse in sport within their community which can help better target outreach, build relationships, and even make organizational changes in hiring to bring in advocates that can connect to sport communities and athletes.
